

Plant-Based Dining Guide - Animal Law Conference 2018

(All noted distances are from Chicago Marriott Downtown Magnificent Mile)

Sweetgreen – River North

623 N State St. 312-374-8173 <http://www.sweetgreen.com/>

Category: Vegan options, American, Fast food, Salad bar, Take-out, Non-veg \$\$

Quick Review: Quick service salad and bowl spot with vegan options.

0.2 mi (🚶 5 min. 🚗 6 min.)

True Food Kitchen – Streeterville

1 W Erie St. 312-204-6981 <http://www.truefoodkitchen.com/>

Category: Vegan options, International, Beer/Wine, Take-out, Fusion \$\$

Quick Review: Casual dining restaurant group offering contemporary American cuisine with a healthier aim. Seasonal menu.

0.3 mi (🚶 5 min. 🚗 6 min.)

Blaze Pizza – Streeterville

227 E Ontario St. 312-766-0019 <http://www.blazepizza.com/>

Category: Vegan options, Pizza, Italian, Fast food, Take-out, Non-veg \$

Quick Review: Assembly line style pizzeria chain offering build-your-own pizza pies. Has vegan cheese, gluten-free base option, salad.

0.3 mi (🚶 5 min. 🚗 6 min.)

Bombay Wraps – Streeterville

330 E Ohio St. 312-955-0733 <http://bombaywraps.com/>

Category: Vegan options, Indian, Fast food, Take-out, Non-veg \$

Quick Review: Small, fast service Indian eatery with focus on wraps. Choose the whole-wheat wrap instead of the standard to make it vegan.

0.3 mi (🚶 5 min. 🚗 6 min.)

Lyfe Kitchen – Streeterville

259 E. Erie St. 312-933-1035 <http://www.lyfekitchen.com/>

Category: Vegan options, Juice bar, Beer/Wine, Take-out, Fusion, Non-veg \$

Quick Review: Small chain of healthful-eating restaurants. Menu offers marked vegan choices, from appetizers and salads to tacos, burgers, and desserts.

0.3 mi (🚶 5 min. 🚗 6 min.)

Chicago Raw – Near North Side

51 W. Huron St. 312-664-2729 <http://www.niusushi.com/>

Category: Vegan, American, Juice Bar, All Raw, Take-out \$\$

Quick Review: Health-conscious grab and go vegan raw food, including entrees, juices, salads, and snacks.

0.4 mi (🚶 9 min. 🚗 8 min.)

NIU – River East

332 E Illinois St. 312-527-2888 <http://chicagorawfood.com/>

Category: Vegan options, Japanese, Sushi, Fusion \$\$

Quick Review: Japanese restaurant offering vegan sushi, salad, and appetizers.

0.4 mi (🚶 9 min. 🚗 8 min.)

Roti Modern Mediterranean – Lake & Michigan

80 E. Lake St. 312-858-8190 <http://www.lyfekitchen.com/>

Category: Vegan options, Mediterranean, Take-out, Middle Eastern, Non-veg \$

Quick Review: Counter service Mediterranean chain offering build-your-own pita sandwich, rice plate, or salad.

0.5 mi (🚶 11 min. 🚗 3 min.)

Le Pain Quotidien – Michigan Ave

20 N Michigan Ave. 312-488-1902 <http://www.lepainquotidien.com/>

Category: Vegan options, Organic, European, Beer/Wine, Take-out, Bakery \$\$

Quick Review: International restaurant chain featuring artisan bakery and denoted vegan options.

0.7 mi (🚶 15 min. 🚗 7 min.)

Veggie Grill – The Loop

204 N Wells St. 312-658-1338 <http://veggiegrill.com>

Category: Vegan, American, Fast food, Take-out \$\$

Quick Review: So many delicious options! Go here if you're really hungry.

0.8 mi (🚶 18 min. 🚗 5 min.)

Native Foods – The Loop

218 South Clark St. 312-332-6332 <http://nativefoods.com/>

Category: Vegan, American, Fast food, Take-out, Fusion \$

Quick Review: Vegan fast-casual restaurant with a ton of options.

1.2 mi (🚶 25 min. 🚗 9 min.)

Vegan Now – Located inside Chicago French Market

131 N Clinton St. 312-575-0306

<http://frenchmarketchicago.com/vendor/vegan-now/>

Category: Vegan, American, Fast food, Hot bar, Take-out only \$\$

Quick Review: Menu items are 100% plant based, animal and chemical free, using no refined sugars, flours or rice.

1.3 mi (🚶 27 min. 🚗 8 min.)

Bad Hunter – West Loop

802 W Randolph St. 312-265-1745

<https://badhunter.com/>

Category: Vegan options, American, Hot bar \$\$\$

Quick Review: Veg-forward, casual dining restaurant. Seasonal menu.

1.6 mi (🚶 33 min. 🚗 9 min.)

Other Mentions:

Joe's Stone Crab (60 E Grand Ave 🚶 1 min.) \$\$\$

Trader Joe's (44 E Ontario St 🚶 3 min.) \$

Chipotle (6 W Grand Ave. 🚶 4 min.) \$

Epic Burger (227 E Ontario St. 🚶 6 min.) \$

Whole Foods Market (30 W Huron St. 🚶 6 min.) \$\$

M Burger (161 E Huron St. 🚶 7 min.) \$

La Cantina Grill (1911 S Michigan Ave. 🚗 12 min.) \$\$

Quesadilla La Reina Del Sur (2235 N Western Ave. 🚗 16 min.) \$

Upton's Breakroom (2054 W Grand Ave. 🚗 16 min.) \$

Loving Heart Cafe (838 W Montrose Ave. 🚗 17 min.) \$\$

Alice & Friends Vegan Kitchen (5812 N Broadway 🚗 17 min.) \$

Dimo's Pizza (1615 N Damen Ave. 🚗 18 min.) \$\$

Handlebar (2311 W North Ave. 🚗 18 min.) \$\$

Vegan Plate (1550 W Fullerton Ave. 🚗 19 min.) \$

Urban Vegan (1601 W Montrose Ave. 🚗 19 min.) \$

Chicago Diner (3411 N Halsted 🚗 21 min.) \$\$

The Chicago House of Za (1416 W Irving Park Rd. 🚗 21 min.) \$

Amitabul (6207 N Milwaukee Ave. 🚗 22 min.) \$\$

*Check out the Happy Cow app or visit <http://happycow.net> for (much) more!